



JOHNS HOPKINS  
UNIVERSITY

Student Health & Well-Being  
Center for Health Education  
& Well-Being

# Hopkins Gratitude @ East Baltimore

Create your own gratitude jar with  
Student Health & Well-Being!

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November 29 | 11 - 1:30 pm  
School of Nursing Hub,  
Yoga will be in Carpenter Room B, 12 pm

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All JHU students and trainees are invited.



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Student Health & Well-Being  
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# Gratitude with Daisy @ East Baltimore

Create your own gratitude jar and  
sign up for a massage 11 am -2 pm  
Visit with Daisy 12-1 pm

November 17  
Armstrong Medical Education  
Building, Room 234

All JHU students and trainees are invited.

Free cuddles  
with Daisy

