

CRAZY STRESSED ASIANS

THIS MONTH'S DISCUSSION TOPIC

WHO AM I?

Exploring our identity
between worlds, cultures
and values and its impact
on mental health.

DETAILS

**Wednesday,
October 13, 2021
5:30PM—7PM EST**

JOIN US

CLICK TO JOIN ZOOM MEETING

QUESTIONS OR TECHNICAL PROBLEMS?

Email CHan@som.umaryland.edu

MISSION

Creating a safe community for Asians and Asian Americans of all ethnic backgrounds to explore the impact of their culture, heritage and identity on mental health and wellness.

WHAT WE ARE

Monthly virtual meetings to engage, share, and discuss different key topics to support Asian and Asian American students.

We aim to provide support and psychoeducation—we are NOT group therapy. You may remain anonymous if preferred. Personal info will not be collected, shared or published.

YOUR HOSTS



Dr. Crystal Han

Child and Adolescent Psychiatry Fellow at the University of Maryland/Sheppard Pratt



Dr. Amanda Sun

Board-Certified Child, Adolescent and Adult Psychiatrist at Johns Hopkins University



Dr. Angeline Pham

Adult Psychiatry Resident at the University of Maryland/Sheppard Pratt



Dr. Susan Han

Associate Director and Staff Psychologist of Johns Hopkins Counseling Center