CRAZY **Stressed** ASIANS

THIS MONTH'S DISCUSSION TOPIC



What identities do we hold and how do they work together?

DETAILS

Wednesday, March 9, 2022 5:30PM—7PM EST

JOIN US

CLICK HERE TO REGISTER

QUESTIONS OR TECHNICAL PROBLEMS? Email <u>CHan@som.umaryland.edu</u>

MISSION

Creating a safe community for Asians and Asian Americans of all ethnic backgrounds to explore the impact of their culture, heritage and identity on mental health and wellness.

WHAT WE ARE

Monthly virtual meetings to engage, share, and discuss different key topics to support Asian and Asian American students.

We aim to provide support and psychoeducation—we are NOT group therapy. You may remain anonymous if preferred. Personal info will not be collected, shared or published.

YOUR HOSTS



Dr. Crystal Han Child and Adolescent Psychiatry Fellow at the University of Maryland/ Sheppard Pratt



Dr. Amanda Sun Board-Certified Child, Adolescent and Adult Psychiatrist at Johns

Hopkins University



Dr. Angeline Pham Adult Psychiatry

Resident at the University of Maryland/ Sheppard Pratt



Associate Director and Staff Psychologist of Johns Hopkins Counseling Center

Dr. Susan Han