

CRAZY STRESSED ASIANS

THIS MONTH'S DISCUSSION TOPIC

CULTURE CLASH

**How do we take
the best of both worlds?**

**Which cultural aspects
harm and which help?**

DETAILS

**Wednesday,
March 10, 2021
5PM—6:30PM EST**

JOIN US

[CLICK HERE TO REGISTER](#)

QUESTIONS OR TECHNICAL PROBLEMS?

Email CHan@som.umaryland.edu

MISSION

**Creating a safe
community for Asians
and Asian Americans
of all ethnic backgrounds
to explore the impact of
their culture, heritage
and identity on mental
health and wellness.**

WHAT WE ARE

**Monthly virtual meetings
to engage, share, and
discuss different key
topics to support Asian
and Asian American
students.**

We aim to provide support and psychoeducation—we are NOT group therapy. You may remain anonymous if preferred. Personal info will not be collected, shared or published.

YOUR HOSTS



Dr. Crystal Han

Child and Adolescent
Psychiatry Fellow at the
University of Maryland/
Sheppard Pratt



Dr. Amanda Sun

Board-Certified Child,
Adolescent and Adult
Psychiatrist at Johns
Hopkins University



Dr. Angeline Pham

Adult Psychiatry
Resident at the
University of Maryland/
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Dr. Susan Han

Associate Director and
Staff Psychologist of
Johns Hopkins
Counseling Center