

# CRAZY STRESSED ASIANS

## DETAILS

**Wednesday, Aug 11  
5:30PM – 7PM EST**

## WHAT WE ARE

**Monthly virtual meetings to engage, share, and discuss different topics to support Asian and Asian American students.**

We aim to provide support and psychoeducation—we are NOT group therapy. You may remain anonymous if preferred. Personal info will not be collected, shared or published.

## TO ATTEND

Update your calendar to stay up-to-date with this and future events:

[ADD TO CALENDAR](#)

Day of event, join either via calendar link or click below:

[CLICK TO JOIN](#)

## FOR EVENT QUESTIONS

[\*\*CHan@som.umaryland.edu\*\*](mailto:CHan@som.umaryland.edu)

## MISSION

Creating a safe community for Asians and Asian Americans of all ethnic backgrounds to explore the impact of their culture, heritage and identity on mental health and wellness.

## YOUR HOSTS



### **Dr. Crystal Han**

Child and Adolescent Psychiatry Fellow at the University of Maryland/ Sheppard Pratt



### **Dr. Angeline Pham**

Adult Psychiatry Resident at the University of Maryland/ Sheppard Pratt



### **Dr. Amanda Sun**

Board-Certified Child, Adolescent and Adult Psychiatrist at Johns Hopkins University



### **Dr. Susan Han**

Associate Director and Staff Psychologist of Johns Hopkins Counseling Center