

CRAZY STRESSED ASIANS

DETAILS

**Wednesday, May 12
5:30PM – 7PM EST**

[CLICK HERE TO REGISTER](#)

QUESTIONS OR TECHNICAL PROBLEMS?

Email CHan@som.umaryland.edu

WHAT WE ARE

Monthly virtual meetings to engage, share, and discuss different topics to support Asian and Asian American students.

We aim to provide support and psychoeducation— we are NOT group therapy. You may remain anonymous if preferred. Personal info will not be collected, shared or published.

MISSION

Creating a safe community for Asians and Asian Americans of all ethnic backgrounds to explore the impact of their culture, heritage and identity on mental health and wellness.

YOUR HOSTS



Dr. Crystal Han

Child and Adolescent Psychiatry Fellow at the University of Maryland/ Sheppard Pratt



Dr. Angeline Pham

Adult Psychiatry Resident at the University of Maryland/ Sheppard Pratt



Dr. Amanda Sun

Board-Certified Child, Adolescent and Adult Psychiatrist at Johns Hopkins University



Dr. Susan Han

Associate Director and Staff Psychologist of Johns Hopkins Counseling Center