



JHU WELL-BEING AMBASSADORS



Yoga and Pranayama for Well-Being

JOIN US FOR A YOGA & PRANAYAMA
PRACTICE LED BY WELL-BEING
AMBASSADOR APOORVA



MONDAY AUGUST 25 2025

3:30- 4:30PM

FEINSTONE HALL

SCHOOL OF PUBLIC HEALTH

SCAN FOR MORE INFO & TO REGISTER:



JOHNS HOPKINS
UNIVERSITY

Student Health & Well-Being
Health Promotion & Well-Being

