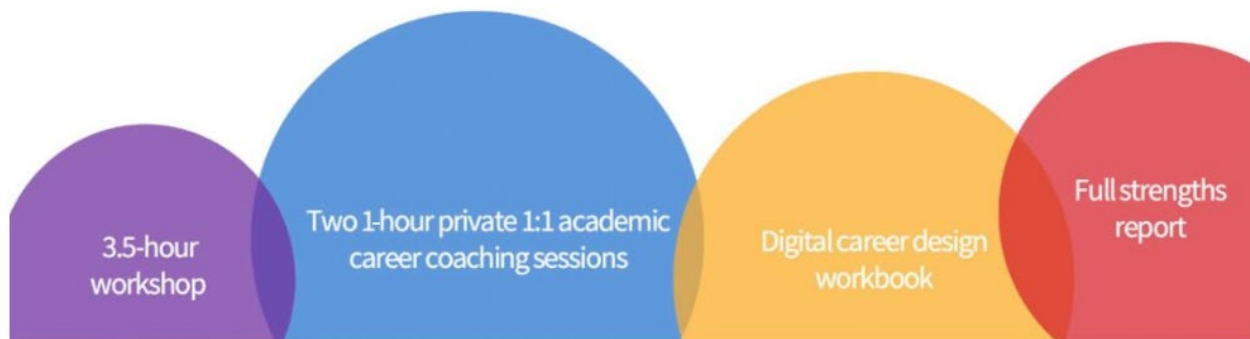


Become Your Own Academic Career Design Architect: Mapping Your Authentic Road to Success

Design Thinking for Academic Faculty and Staff

- This program is designed and facilitated by certified Clifton Strengths Coaches and Academic Leaders.
- Structured to provide a personalized approach to professional and leadership identity formation in academia; the program includes the following components:



"**Become Your Own Academic Career Design Architect: Mapping Your Authentic Road to Success**" is designed to address these gaps by providing a comprehensive and individualized strengths-based professional development program for academic faculty and staff. This workshop aims to:

- **Foster Professional Identity:** Help participants develop and refine their professional identity through self-discovery and reflection in order to better align personal values and strengths with professional goals.
- **Enhance Wellbeing and Resilience:** Equip faculty and staff with tools and strategies from strengths-based psychology to improve personal wellbeing, reduce burnout, and build resilience.
- **Promote Work-Life Integration:** Offer practical guidance on achieving a sustainable balance between professional responsibilities and personal life.
- **Individualize Process of Achieving Career Success:** Provide participants with the tools to pursue future personal and professional goals utilizing Academic and Life Design principles. Encourage participants to pursue authentic success by leveraging their unique talents and strengths in their academic careers.

Through this workshop, academic faculty and staff will embark on a transformative journey that promotes the alignment of personal and professional growth, enhances career satisfaction, and supports a thriving academic community.

The program will be composed of one 3.5-hour virtual live workshop.

Mindful of the time pressures and constraints facing faculty and staff, this approach will be strategically focused on providing high yield elements of faculty development through coaching and professional identity principles.

The workshop includes:

1. CliftonStrengths Inventory Code (Time completion online: 30 minutes)
2. Full Clifton Strengths Report (debrief of your 34 strengths)
3. 3.5-hour Live Program (discussion, application with facilitators and fellow JH faculty & staff)
4. 1:1 coaching session via zoom/phone with a Certified CliftonStrengths Coach of their choosing (Rachel Salas, Charlene Gamaldo or Keri Bischoff) after the live group program workshop.
5. Digital workbook to facilitate personalized coaching sessions (Time to completion: 30 minutes).

This activity is intended for all faculty and staff team leaders, managers and directors inside or outside of Johns Hopkins.

Groups, teams, and departments interested in hosting this workshop privately (in person or virtually) can contact Rachel Salas or Charlene Gamaldo for details.

ACCREDITATION STATEMENT

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies in place to identify and mitigate relevant conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

American Academy of Nurse Practitioners National Certification Program accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

National Commission on Certification of Physician Assistants (NCCPA) PAs may claim a maximum of 6.5 Category 1 credits for completing this activity. **NCCPA** accepts *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society.

The Maryland Board of Social Work Examiners certifies that this program meets the criteria for 6.5 credit hours of Category 1 or .65 CEUs of continuing education for social workers licensed in Maryland. The Johns Hopkins University School of Medicine is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland.

This program is conducted in collaboration with the JHU Provost's Leadership, Advancement and Development (LAD) Academy.



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