

## THE JOHNS HOPKINS HOSPITAL

# Myelitis and Myelopathy Patient Day Awareness and Support Event

Saturday, July 13, 2024  
9:00 A.M. – 3:30 P.M.

Patients and families are invited to attend the 2024 Johns Hopkins Myelitis and Myelopathy Center Patient Day in person. It is organized in collaboration with the International Center for Spinal Cord Injury at Kennedy Krieger Institute and supported by the Siegel Rare Neuroimmune Association (SRNA).

**What to Expect:**

- Informative sessions with leading myelopathy experts from diverse disciplines
- Personal stories and experiences shared by patients
- Q&A sessions to address your concerns and questions
- Support and networking opportunities with other attendees
- Resource booths with helpful information and materials

**Event Details:**

Date: Saturday, July 13, 2024 Time: 9:00 A.M. - 3:30 P.M.

Location: Zayed 2117 (Arcade)

Address: 1800 Orleans Street, Baltimore, MD 21287

**Please RSVP by Monday, July 8, 2024, to Confirm Attendance.**

**Register here.**

<https://forms.office.com/r/fBLAmwRNd3>

Myelitis and Myelopathy Patient  
Day - Registration Form



## Myelitis and Myelopathy Patient Day

July 13, 2024

Zayed Conference Center (Room 2117), Johns Hopkins Hospital, Baltimore, MD

Time	Title	Speaker
9:00 – 9:05	Opening remarks	Carlos Pardo and Cristina Sadowsky
9:05 – 9:20	Patient's perspective:	Carmine Sarracino, author and professor
9:20 – 9:40	The spectrum of myelitis and myelopathies	Carlos A. Pardo, JHH
9:40 – 10:00	What is new with MOG and NMO associated myelitis	Elias Sotirchos, JHH
10:00 – 10:20	When myelitis and myelopathies affect children	Haiwen Chen, JHH
10:20 – 10:40	Break-Musical Break	
10:40 – 11:05	Bowel, Bladder, and Sexual Function	Philippines Cabahug MD, KKI
11:05 – 11:15	Bone Health	Cristina Sadowsky MD, KKI
11:15 – 11:40	Pain Management	Stephanie Pham Van MD, JHH
11:40 – 12:00	Spasticity	Travis Edmiston MD, KKI
12:00 – 12:20	Gait training	Dennis Tom-Wigfield, DPT, PT, KKI
12:20 – 1:30	Round Tables + Lunch Specific tables -Myelitis, NMO and mOG -Vascular problems of the cord -Rehabilitation strategies -Co-morbidities	Everybody
1:30 – 1:45	Patient's perspective #2	Julia Lefelar, MOG Project
1:45-2:05	Future research in spine cord treatments	Nicholas Theodore MD, JHH
2:05-2:25	CNS stimulation: spine	Rebecca Martin OTR/L, OTD, KKI
2:25-2:35	Acute Intermittent Hypoxia	Katherine Ellis PT, KKI
2:35-2:55	Mental health aspects in myelitis and myelopathies	Lara Collender LCSW-C, KKI
2:55 – 3:30	Questions and Answers	
3:30	Closing remarks	

### Sections:

Neurology: 9:05 – 10:20 am

Rehabilitation: 10:40 – 12:20 am

Round tables: 12:20 – 1:30 pm

Future perspectives: 1:30 – 2:55 pm

Closing: 3:30 pm