

JOHNS HOPKINS MEDICINE

A Woman's Journey[®]



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Check out this program!

Take a morning for yourself and learn about the latest advances in women's health from renowned Johns Hopkins faculty physicians.

Join us in person. Hear compelling presentations.

Register now!

Saturday, Nov. 18, 2023
8:15 a.m.–12:30 p.m.

Baltimore Marriott Waterfront
700 Aliceanna St.
Baltimore, MD 21202

For more information
and to register, visit
[hopkinsmedicine.org/
awomansjourney](https://hopkinsmedicine.org/awomansjourney)
or call 410-955-8660.
Scholarships available. \$55

One Woman's Journey

First Lady of Maryland,
Dawn Flythe Moore

Let's Talk Estrogen

Gynecologist Wen Shen, M.D., M.P.H.

Your Eyes See More Than You Suspect

Ophthalmologist Meghan
Berkenstock, M.D.

Diabetic Medication Use for Weight Loss

Internist Selvi Rajagopal, M.D., M.P.H.

Tips to Reduce Your Risk of Cardiovascular Disease

Cardiologist Anum Minhas, M.D., M.H.S.

Advances on The Horizon

Oncologist William Nelson, M.D., Ph.D.

The Vital Role of Socialization

Geriatrician Thomas Cudjoe, M.D.,
M.P.H., M.A.

Finding Peace Through Mindfulness and Meditation

Neda Gould, Ph.D.



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