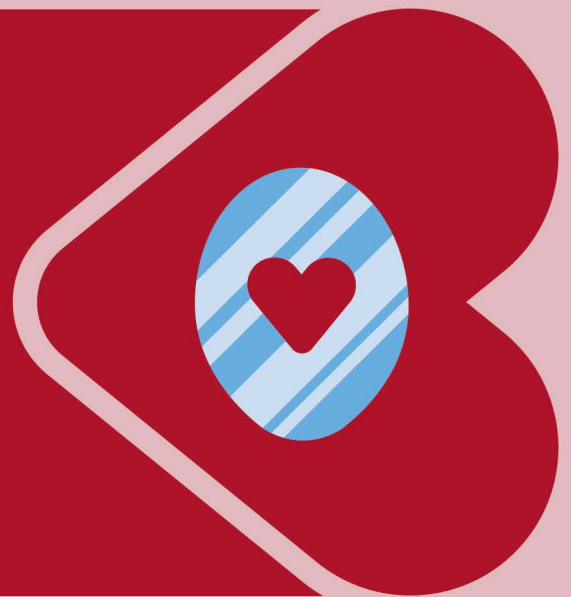


# SELF-LOVE, MIND BODY EVENT



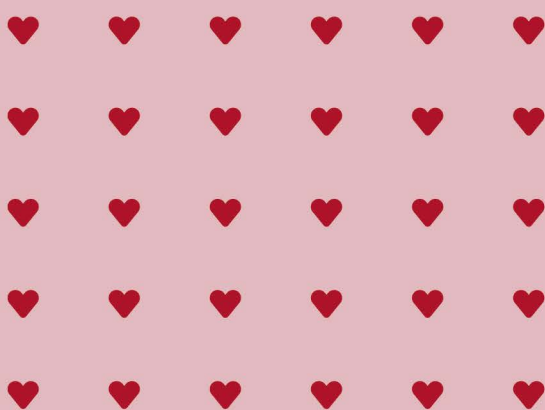
**Bloomberg  
School of Public  
Health E 2030  
Feintstone Hall**



**February 15,  
2023**



**11:30am-1:30pm**



Join Health Promotion and Well-Being to help you engage with the most important person in your life: yourself. Our self-love yoga and mindfulness event will guide you through movements to reconnect with and embrace your body. This self-care event is open to students and learners on the East Baltimore campus.