



RED FLAG VS. GREEN FLAGS

PROMOTING REFLECTION ON YOUR RELATIONSHIPS

Presented by Health Promotion & Well-Being, this event will discuss how to promote healthy behaviors in all of your intimate, interpersonal relationships. Participants will learn how to identify healthy v. unhealthy behaviors in relationships, review techniques to better their communication skills and think introspectively about their self-worth as individuals, in addition to who we want as our ideal partner(s) in our relationships.

OCT. 10, 2022 | 5:30 PM TO 6:30 PM
MEETING ROOM A
RALPH O'CONNOR REC CENTER

*Register by scanning this code or
visiting Hopkins Groups.*



*Participants will have a chance to win a prize! All
JHU students & trainees are welcome to attend.*