

Chat with JHSAP

For International Students

Ask questions, learn skills to help with stress or academic life, learn about resources for mental health.

Chats are free, confidential, and are about 10-30 minutes.

Chats with Milly can be held in English and Spanish.



Fridays
11:30am-1:00pm

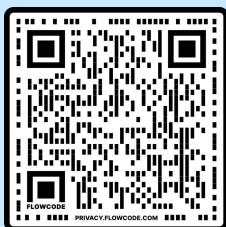


On-line or at the East
Baltimore Campus

Milly Altamira, LMSW



Milly is a bilingual counselor at the Johns Hopkins Student Assistance Program (JHSAP).



**SCAN THIS CODE TO
SCHEDULE A TIME TO CHAT**

You can pick a time to chat virtually or in-person.
In-person will be at 550 N Broadway, suite 403